

ACADEMIC SECTION
NATIONAL INSTITUTE OF TECHNOLOGY SILCHAR

Acad-112/18/12232-55

Date : 18th September 2018

NOTICE

This is for information to all concerned that YOGA session for the interested faculty members & staff along with their family members will be held every Tuesday from 06.00 pm to 08.00 pm in the Officers Club/SAC Building. Interested faculty members & staff may submit the names to Dr. K.L. Baishnab, Associate Professor, ECE Dept within 20.09.2018.

The session will commence from 25th Sept. 2018. Participants are to bring their own YOGA mat.

This is issued with approval of the competent authority.



Asstt. Registrar (Academic)

Copy forwarded for kind information/necessary action to :

- 1) Director's Secretariat for kind information of the Director.
- 2) All HODs with a request to bring this to the kind notice of the faculty members & staff of concerned departments.
- 3) Registrar, DR (Admin), All Asstt. Registrar's, Librarian i/c, Sr. Technical Officer, Medical Officer's (Health Centre), Estate i/c.
- 4) All Section Heads with a request to bring this to the kind notice of the staff of concerned Sections.
- 5) Mr. M. Suraj Singh, Sports Officer for compliance.
- 6) Dr. K.L. Baishnab, Associate Professor, ECE Dept
- 7) All Notice Board
- 8) Institute Website